

**Lodge Activity Coordinators Association of Alberta Presents:**

**Music For Life!**

**LACAA Convention 2011**

**Black Knight Inn**

**Red Deer, Alberta**

**Wednesday April 27th**

Registration	1:00-4:00pm
<b>Pro Resource Fair</b>	<b>1:00-4:00pm</b>
Dinner	(Included) 6:00pm
<b>Welcome/Opening</b>	<b>7:00pm</b>
Kick-Off Speaker Dr. Suzette Phillips	7:30pm
Dance and Social	8:30-10:00pm

**Thursday April 28<sup>th</sup>**

Coffee & Muffins & Drumocracy	8:30-9:00am	
<b>Activity Fair</b>	9:00-11:00am	
Lunch	(Included) 12:00 Noon	
<b>Annual Meeting (Members Only)</b>	<b>1:00-2:30pm</b>	Crystal Bowl
Therapy	3:00- 4:00pm	<b>Dinner</b>
<b>6:00pm</b> Entertainment	Dan The One Man Band	<b>(Included)</b>
	7:30pm	

**Friday April 29th**

Coffee & Muffins	8:30-9:00 am
<b>Program Sharing</b>	9:00-11:00am
Closing & Evaluations	11:00–Noon

We are excited to introduce **MUSIC** as a **Therapy Tool**. Even in some of our most challenging cases with brain issues the response to music has had outstanding results. We also noticed as a Membership that music is the one activity that can close the gap on all generations. So we are finding it to be a more common interactive activity for school visits, volunteer groups and specified and or individualized Resident programming.

### **Kick Off Speaker Wednesday Night 7:30pm**

Dr. Suzette Phillips is an Occupational Therapist who holds a doctorate in Theology. She is currently a full-time community mental health therapist for Alberta Health Services [working with the Seniors' Population](#), an adjunct professor for the University of Alberta, and a sessional lecturer for Saint Paul University and Newman Theological College. She has taught university courses and been a guest lecturer in the areas of geriatrics, mental health, spirituality, and human formation. Dr. Phillips has authored articles and contributed chapters to several publications. She resides with her husband Andrew in Camrose, Alberta.

### **Coffee,Muffins & Drumocracy Thursday 8:30-9:00am**

**Tanya Schur** offers rhythmic playshops in schools & corporate settings to enhance personal potential and strengthen communities. She facilitates healthy lifestyle workshops for professional development and personal growth with group drumming and other forms of creative expression.

### **Sonare Crystal Singing Bowls**

Thursday 3:00-4:00pm

### **Creating a Circle of Sound." With Therese Dale-Kunicky**

Singing bowls are used for music or sound therapy. When the Bowl is played it produces pure resonant tones and vibrations that are heard and felt immediately. Therese has been using these with professionals in a variety of settings to benefit their clients. Used by Hospitals, Hospice, Meditation, Mental health Centers, Yoga, Seniors Homes, Cancer Clinics, and more. The Bowls are suitable for all ages as they are easy to play. They can be used for the reduction of stress and to stimulate concentration and relaxation; and combine beautifully with the voice. This type of music therapy can be taught on the piano as well as many other instruments.

### **DAN The one man Band**

Thursday 7:30pm

Dan The One Man Band has been performing his unique Musical/Comedy show around the world for 20 years. His off beat humour along with his on beat music has an amazing capacity to bring people together He guarantees a good time for anyone who is looking!

**Membership \$ 50.00**  
**Convention \$185.00**